LOCATION

Synchronous online congress www.bodyandpsychotherapy2020.it

HOW TO TAKE PART

Registration for the congress is possible exclusively through the **website**: **www.duecipromotion.it** > **corsi** > **titolo del corso** > **registrati On-Line**

There is a participation fee of € 30.00 to be paid at the time of registration via PayPal-credit card. Unpaid registrations will not be accepted.

The conference will be online on 19th December, from 09.00 to 18.45 CEST (with one little break from 13.30 to 14.30) on the website: **www.bodyandpsychotherapy2020.it**

On the day of the event you will receive an email with a personal link which will take you to the site. During the congress, it is possible to interact with the speakers.

OFFICIAL LANGUAGE

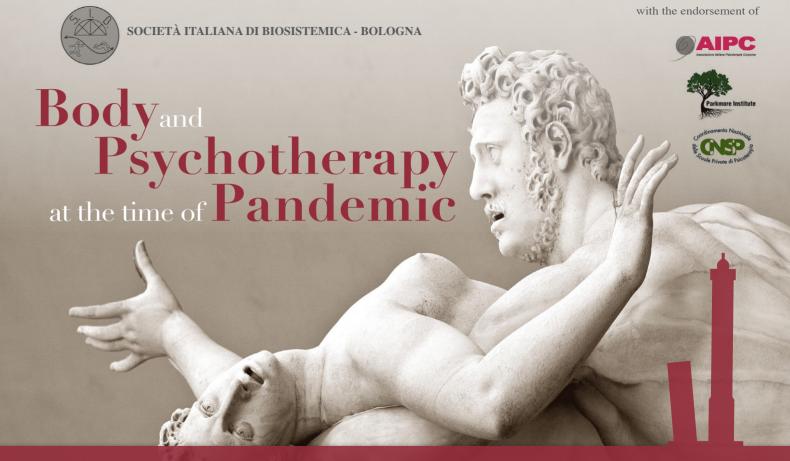
The official language of the conference will be italian.

Simultaneous interpretation will be provided from Italian to English and viceversa.

ORGANIZING SECRETARIAT

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International On-line Conference

Bologna | December 19th, 2020

We suddenly have entered a new era that has severed our connections with the past. We are witnessing two temporal "revolutions" that have followed one after the other: first a very strong, tremendous acceleration that has exponentially increased the speed of social interactions; and now an unpredictable reduction in physical proximity and body contact due to the CoViD-19 pandemic.

Pandemic stress, due to a state of enduring stress and an unconventional mix of stress that not only affects the present but disrupts the future, is an entirely new condition that is becoming known to us in clinical practice.

Psychotherapy, and especially Body oriented ones, in this moment, is faced with a great challenge: on the one hand it risks losing one of its healing factors, the work with the body experience; and on the other hand it becomes an indispensable therapeutic tool in the face of a situation where there is deep suffering due to bodily deprivation that threatens the deep and global identity of people.

CONGRESS PRESIDENTS

Rosanna **De Sanctis**, *Società Italiana di Biosistemica, Bologna* Maurizio **Stupiggia**, *Università di Milano*

FACULTY

Ozden Bademci, Maltepe University, Istanbul Massimo Biondi, Università di Roma Fabio Carbonari, Istituto Reich, Roma Genovino Ferri, New York Academy of Sciences Umberto Galimberti, Università di Venezia Vittorio Gallese, Università di Parma Gabriel Graca de Olivera, Universida de Brasilia Herbert Grassmann, Parkmore Institute, Johannesburg
Rubens Kignel, Universidade de Sao Paulo
Patrizia Moselli, Società Italiana di Analisi Bioenergetica
Stephen Porges, Indiana University
Frank Rohricht, London University
Corrado Sinigaglia, Università di Milano
Ulrich Sollmann, Shanghai University
Giovanni Stanghellini, Università di Chieti
Li Wentian, Wuhan University

December 19 th , 2020	09.00	Opening		Break
	00.40	M. Stupiggia	14.30	Will digital medicine Contribute to our
	09.10	Covid and human relationships U. Galimberti		destiny of dematerialization and desocialization?
	09.45	Psychological services under the epidemic-experience from Wuhan		G. Stanghellini Chair: G. Ferri
		L. Wentian Chair: U. Sollmann	15.15	Social distancing: the body in the meeting G. Graca de Olivera Chair P. Da Sanatia
	10.30	International Master Program of		Chair: R. De Sanctis
Program		Body-Psychotherapy in Clinical Psychology in Turkey: Through The Students' Lens in	16.00	Time of transformation and creativity R. Kignel
		The Time of Covid-19 O. Bademci		Chair: F. Carbonari
		Chair: F. Rohricht	16.45	Questions time
	11.15	Questions time	17.15	Body Psychotherapy at the time of Coronavirus
	11.45	Experience, empathy and communication in COVID-19 time.		S. Porges Chair: H. Grassmann
		A neuroscientific perspective		
		V. Gallese, in recorded video	18.00	The imponderable, the unpredictable: body and resilience
	12.15	Minding minds (and bodies) C. Sinigaglia Chair: M. Stupiggia	10.75	M. Biondi Chair: P. Moselli
	13.00	Questions time	18.45	Conclusion M. Stupiggia